

PREGNANCY SUPPORT SERVICES

Sexual Integrity Program

RESOURCES FOR PARENTS

Boys Should be Boys: 7 Secrets to Raising Healthy Sons by Meg Meeker, M.D.

In this book, one of our most trusted authorities helps parents restore the delights of boyhood and enable today's boys to become the mature, confident, and thoughtful men of tomorrow. She discusses: boundaries, preserving innocence, adventure, communication, and more.

The Center for Parent/Youth Understanding

The Center for Parent/Youth Understanding is a nonprofit organization committed to building strong families by serving to bridge the cultural-generational gap between parents and teenagers. Their website is a valuable resource that includes informative articles, movie and music reviews, current research, and more. The web address is: www.cpyu.org/

Epidemic: How Teen Sex is Killing Our Kids by Meg Meeker, M.D.

Excellent book. It teaches how to look at the medical side of the problem.

Exodus International

This is an organization that seeks to mobilize the body of Christ to minister grace and truth to a world impacted by homosexuality. A great resource for parents and youth who are seeking help, compassion, and truth. The web address is: <http://exodusinternational.org/>

Focus on the Family

Topics discussed on this website include: Healthy Childhood Sexual Development, Teaching Children Healthy Sexuality, Talking about Sex and Puberty, Prevent the Sexualization of Your Daughter, and When Children View Pornography. The web address is: www.focusonthefamily.com/parenting/sexuality.aspx

God's Design for Sex Series

This four book series is designed to help you answer difficult or embarrassing questions about sex comfortably and truthfully, in age-appropriate terms, and encourage healthy communication between your child and you.

Book One: The Story of Me (Ages 3 to 5)

Book Two: Before I Was Born (Ages 5 to 8)

Book Three: What's the Big Deal (Ages 8 to 11)

Book Four: Facing the Facts (Ages 11 to 14)

Hooked: New Science on How Casual Sex is Affecting Our Children By Joe S. McIlhenny, Jr., MD and Freda McKissic Bush, M.D.

This book provides an eye-opening look into the effect of sex on the brain. Using everyday language, the authors prove through extensive research that sex involves so much more than physical pleasure. A great read for parents, youth workers, mentors, and teens.

How to Talk to Your Child about Sex by Linda and Scott Eyre

This is an older book written in 1998. It provides good principles and a very structured approach to talking to your children. However, the strength of this book is for pre-adolescent children, focusing on an important talk at age eight.

Instructing a Child's Heart by Tedd & Margy Tripp

A guide for how to avoid behavior modification techniques and instead, cultivate an environment for heart transformation in the lives of your children.

Questions Kids Ask about Sex by Melissa Cox

This book is very practical in its approach, and provides tangible answers that parents can give their children. There are chapters devoted to specific age ranges that provide age appropriate material.

Seductive Delusions: How Everyday People Catch STDs by Jill Grimes, M.D.

To drive home the risks and realities of unprotected sex, Dr. Jill Grimes narrates real-life stories of young people infected with STDs and their exam-room conversations with their doctors. The stories are followed by an information section that provides medical facts and answers to frequently asked questions about symptoms, treatment, and prevention.

Strong Fathers, Strong Daughters by Meg Meeker, M.D.

In this unique and invaluable guide, Dr. Meg Meeker, a pediatrician with more than twenty years' experience counseling girls, shares the ten secrets every father needs to know in order to strengthen or rebuild bonds with his daughter and shape her life – and his own – for the better.

**** OTHER RESOURCES:**

Forbidden Fruit by Mark Regenerus

Hurt by Chap Clark

Marriage Matters by Tony Evans

"When Pigs Fly" by Mike Ensley - <http://www.boundless.org/2005/articles/a0001887.cfm>

Helping Teens Redirect Their Cravings Toward God, Part 1:

<http://www.focusonthefamily.com/radio.aspx?ID=%7B71716038-25CF-4218-A0B1-B4D5E50609B9%7D>

Helping Teens Redirect Their Cravings Toward God, Part 2:

<http://www.focusonthefamily.com/Radio.aspx?ID=%7B4C023DCD-34A3-483F-A83A-868B21008EBA%7D>

Raising Tween Boys in Today's Culture, Part 1:

<http://www.focusonthefamily.com/radio.aspx?ID=%7B1554E508-2372-4330-80FE-996E222BDA7A%7D>

Raising Tween Boys in Today's Culture, Part 2:

<http://www.focusonthefamily.com/radio.aspx?ID=%7B8308B402-E1FA-4268-AB51-D25C10D18BAD%7D>

Holy Sex by Philip Yancey: <http://www.christianitytoday.com/ct/2003/october/3.46.html>

Youth Culture Top Ten List: <http://www.cpyu.org/page.aspx?id=76684>

Sexting Article: <http://www.ncfpc.org/FNC/1007S3.html>